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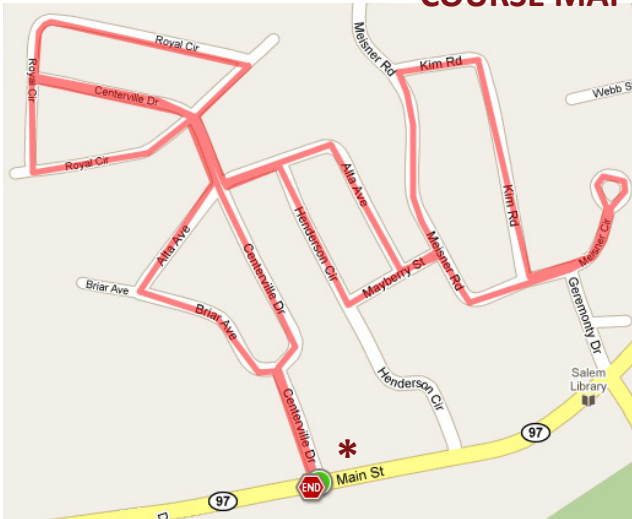
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Document, Print & Information Management

Visit Salem5K.com for listing and links
to our Event Sponsorships.

COURSE MAP



*Start/Finish across from Woodbury School
Centerville Dr, Salem, NH

For a detailed map, including specific directions, check our website.

Directions

Take I-93 (from either direction) to Exit 2. Turn right at the light onto Pelham Rd which turns into Main St. Go straight for approximately 1 mile to Woodbury School on your right, Centerville Dr on left. Parking available at Woodbury School.



Event Hosted By:

Rockingham Christian Church
5 Industrial Way, Unit 2 Salem, NH 03079
603.894.5228 | RCCSalem.com

SALEM FEST 5K



A family event in the community...
for the community.

3rd Annual SalemFest 5K
Saturday, September 17, 2011

Race Starts at 9:00 AM
Registration 7:45 AM - 8:45 AM

Free Food | Scenic Course
Great Prizes | Kids Trot
Live Music | Fun for Everyone

Professional Timing Services
RACE REGISTRATION ONLINE
Salem5K.com

5K Run/Walk for both serious runners
and families; Start and Finish
directly across from Woodbury School

Registration

Please complete one form per participant. You can download additional applications on our website or register online at Salem5K.com.

Name: _____

Address: _____

City: _____

ST: _____ Zip: _____ Phone: _____

Email: _____

Gender: F M Day of Race Age: _____

T-shirt: S M L XL (Circle size needed)

Mail in registration via check. For credit card payments (M/C or Visa) please register online.

Early-Registration Fee (received by 9/16): \$15.00

Registration Fee (Day of Race): \$20.00

Kids Trot Registration: canned good donation to benefit Helping Hands Food Pantry

Release and Waiver

In consideration of this entry being accepted, I hereby for myself, heirs, executors, administrators, waive and release all rights and claims for damage I may have against the SalemFest 5K and all sponsors, its agents, representatives, successors, for all injuries suffered by me at said event. I grant permission to use any photographs, motion pictures, recording, or other record of this event for all legitimate purposes.

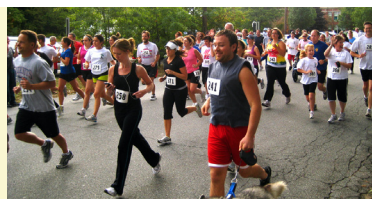
Signature (if under 18, parent or guardian) _____ Date _____

Checks Payable To: RCC SalemFest 5K

Mail to: Rockingham Christian Church
5 Industrial Way, Unit 2A, Salem, NH 03079

Sorry, no refunds.

Scenic neighborhood 5K Run/Walk providing Professional



Timing Services, Kids Trot, & door prizes. Event T-shirts for first 150 registrants.

The Salem 5K Run/Walk is a great event both IN the community and FOR the community. It is our desire for people from Salem and surrounding communities to come together and enjoy two things they have in common - running and families.

Proceeds

All net proceeds for this community event will go to support two local organizations: 50% in support of Family Promise, a local organization whose goal is to provide homeless children and their families with temporary shelter in the Salem area, and 50% in support of the Salem Bike-Ped Corridor (fsbpc.org) to help fund this family-oriented jogging/biking/walking path.

Volunteer

The SalemFest 5K will be a success because of the many volunteers involved. Volunteer opportunities involve setting up the course, registration, traffic control, water stations and more. If you have an interest in volunteering, please e-mail Steve Cullum at scullum@rccsalem.com or call 603-894-5228 x205.

Everyone Eligible for Great Prizes

Registered participants are all eligible for door prizes, though *you must be present to win*. Awards will be given to the overall male and female 5K winners. Prizes and awards will be given away following the race at Woodbury School parking lot.

Entry Info/Packet Pick-Up

Online registration available at Salem5K.com. If you choose to mail in your registration with check to Rockingham Christian Church, be sure to have it postmarked by Monday, Sept 12. Also, feel free to bring your registration on race-day before 8:30am. Sorry, we cannot offer refunds. Pre-race check-in and T-shirt pick-up will be on Saturday, Sept 17 from 7:30–8:30am.

5K Run/Walk

A detailed map is available at Salem5K.com. The first 150 registrants will receive a SalemFest 5K T-shirt. There are no age divisions, but official overall times will be available through Bay State Race Services. Please no bikes, skateboards or rollerblades on the course. Strollers are allowed. All runners and walkers must be registered and have a race number to participate.

Kids Trot

A short Fun Run at Woodbury School for children 11 & under and anyone else who wants to join the fun—parents, grandparents and friends! Canned good donation for entry. T-shirt and ribbon for first 50 participating children.

Results

The 5K run will be professionally timed by Bay State Race Services. Results will be posted at both Salem5K.com and CoolRunning.com.

JOIN US AT SALEM FEST!

SalemFest is a yearly town celebration for Salem's nonprofit organizations. Post-race, Rockingham Christian Church, along with many other local organizations and churches, will offer tons of family fun. Enjoy bake sales, crafts, refreshments, parades, chowderfest, raffles, games, kids activities, tours and more. Explore Salem's historic roots and enjoy race day at SalemFest with your family!